



**Love Nature  
Pick Litter**



# RECYCLED SEALIFE CRAFT ACTIVITY

Let's dive into creativity! In this activity, we'll use recycled materials to create sealife-themed crafts inspired by the ocean and our waterways.

Think: jellyfish made from plastic bags, fish from bottle caps, sea turtles from old cardboard — let your imagination lead the way!

## STEP-BY-STEP INSTRUCTIONS:

### RECYCLED FISH



#### You will need:

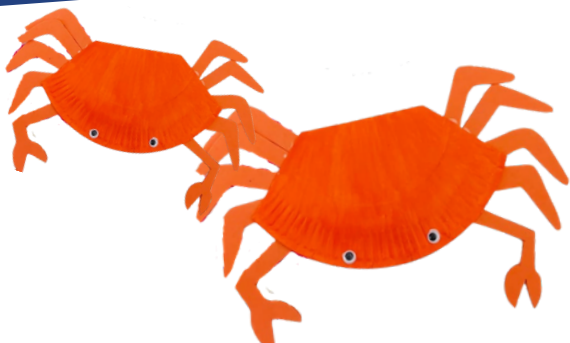
- Plastic bottle
- Coloured paper (for scales)
- Card (for fins)
- Goggly eyes
- Glue
- Scissors

1. Grab a plastic bottle to make your fish.
2. Glue colourful scraps of paper on the bottle to make your fish scales.
3. Add on paper fins and goggly eyes!

**Did you know? that a plastic bottle can take  
up to 450 years to break down!**



### PAPER PLATE CRAB!



#### You will need:

- Paper plate
- Glue
- Card or paper
- Goggly eyes
- Paint

**You could make lots of different types of sea creatures like crabs, jelly fish and turtles!**

1. Paint your paper plate a bright colour.
2. Fold your plate in half.
3. Cut out the crabs legs and glue them to the plate.
4. Add goggly eyes!



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# RECYCLED SEALIFE CRAFT ACTIVITY

**8 Million tonnes of plastic ends up in our oceans every year, and recycling helps protect marine life and reduces pollution.**

## STEP-BY-STEP INSTRUCTIONS:

### TOILET ROLL WHALE



### You will need:

- Toilet roll
- Coloured paper
- Card (for fins)
- Glue
- Pens (for details)
- Goggly eyes

1. Grab a toilet roll to make your whale.
2. Cut out card and glue on the side to make the fins.
3. Cut out card to make the tail and glue to the end of the toilet roll.
4. Glue colourful scraps of paper to add the stomach.
5. Cut out card to add the "blow".
6. Add on paper fins and goggly eyes!

**A whale's spout (or "blow") is not a spray of water, but a powerful exhalation of warm air. When the whale surfaces, it forcefully empties its lungs. As the hot, moist air hits the cooler atmosphere, it condenses into a visible plume of mist, often reaching up to 30 feet in height!**

**Did you know? Some whales swallow millions of tiny plastic pieces every day by accident when they eat! It can make them sick or stop them from eating real food.**

**That's why it's important to keep plastic out of the ocean!**